

פתרון בחינת בגרות חורף 08 - אנגלית

Module C – Mindless Eating

- 1) hunger
- 2) 1) i – **The factor:** seeing the food
ii – **Way to avoid it:** To put / Putting snack in the cupboard
2) i – **The factor:** Too many kinds of offered at a meal
ii - **Way to avoid it:** Preparing / To prepare only two or three kinds of food at a meal
or
The factor: Food containers are too big
Way to avoid it: Using smaller containers
- 3) Because bigger container make portions look smaller so people eat more
- 4) iii – they eat popcorn out of very big buckets
v – the movie distracts their attention from the food
- 5) NO
Studying...while eating distracts our attention from the food
- 6) ii – understands what makes them eat too much
- 7) iii – How to control the amount we eat

בהצלחה!!!

לחמן מאמנים אותך להצלחה בבגרות

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